

Exam Checklist

Task	Yes	No
Reviewed all relevant study materials		
Completed all practice exams		
Checked exam date, time, and location		
Prepared required materials (ID, pens, calculator, etc.)		
Set alarm for the exam day		
Planned transportation to the exam venue		
Informed family/friends about exam schedule		
Prepared a water bottle and snacks		
Arranged all notes and textbooks for last-minute review		
Practiced relaxation and stress-management techniques		
Ensured a good night's sleep before the exam		
Eaten a healthy meal before the exam		
Reviewed the exam instructions carefully		
Confirmed exam format (multiple choice, essays, etc.)		
Checked battery life for electronic devices if allowed		
Gathered necessary stationery and backup supplies		
Reviewed main topics and key formulas		
Practiced time management with sample questions		
Identified areas of strength and weakness		
Set realistic study goals and reviewed them		
Kept positive and confident attitude		
Avoided cramming new information last minute		
Checked seating arrangement and exam room location		

Exam Checklist

Familiarized with the route to the exam center		
Prepared mind and body with light exercise or meditation		
Avoided stressful situations and discussions about the exam		
Reviewed previous exam papers and feedback		
Organized study area and materials for clarity		
Checked all required documentation for entry		
Ensured personal comfort with appropriate clothing		